

Life Force Buying Club Price Comparison List October 31...all organic

ITEM	YOUR PRICE	MARKET PRICE
Fuji Apple 70 ct	2.19 lb	2.69 lb
Granny Smith	2.09 lb	2.49 lb
Honey Crisp Apple	2.09 lb	2.49 lb
Honey Gold Apple	3.09 lb	
Keepsake Apple	1.69 lb	1.99 lb
Kinderkrisp Apple	2.69 lb	
Avocado 40 ct	2.29 ea	
Medjool Dates	6.19 lb	
Red Grapes	2.89 lb	
Lemons	2.29 lb	2.69 lb
Limes	3.59 lb	
Keitt Mango	1.49 ea	1.69 e
Valencia Orange lg	1.69 lb	1.99 lb
D'Anjou Pears	1.99 lb	2.29 lb
Starkkrimson Pears	1.79 lb	2.09 lb
Pineapple	1.69 lb	1.99 lb
Pluots	1.89 lb	2.19 lb
Aloe Spears	4.49 lb	
Baby Arugula	6.09 lb	
Local Red Beets	1.89 lb	2.19 lb
Loc Brussels Sprouts	6.99 lb	
Loc Green Cabbage	1.09 lb	1.29 lb
Loc Red Cabbage	1.09 lb	1.29 lb
Local Carrots	2.09 lb	2.39 lb
Cauliflower	2.59 lb	
Celery	1.79 lb	2.09 lb
Cucumber	2.29 lb	
Local Garlic	8.00 lb	10.00 lb
Ginger	8.00 lb	10.00 lb
Crimini Mushroom	4.59 lb	5.39 lb
Local Red Onion	1.49 lb	1.69 lb
Local Yellow Onion	1.29 lb	1.49 lb
Curly Parsley	2.09 ea	2.49 e
Local Parsnips	2.89 lb	3.39 lb
Cayenne Peppers	5.69 lb	
Loc Habanero	10.69 lb	
Local Jalapeno	4.49 lb	
Red Peppers	2.39 lb	2.79 lb

Local Yellow Potato	.79 lb	.89 lb
Sweet Potato	2.09 lb	2.49 lb
Baby Spinach	5.69 lb	6.69 lb
Local Winter Radish	1.99 lb	
Local Rutabaga	2.49 lb	
Local Spinach	9.45 lb	
Delicata Squash	1.49 lb	
Spring Mix	6.29 lb	7.39 lb
Zucchini	2.29 lb	2.69 lb
Local Slicing Tomato	4.29 lb	
Turmeric	14.39 lb	16.99 lb
Jewel Yam	2.29 lb	

Local Eggs	4.39 doz	
Butter	7.29 lb	
16 oz Cream	4.99 ea	
Whole Milk Kalona 1/2g	4.99 ea	
5% Yogurt 24 oz	4.49 ea	
Raw Milk Sharp Cheddar	12.00 lb	
Grass Milk Sharp 8oz	7.95 ea	
Sharp Cheddar	7.44 lb	
Raw Mild Cheddar 8 oz	6.29 ea	
Colby Jack 8oz	4.99 ea	
Parmesan Raw Milk	14.39 lb	
Pepper Jack 8oz	5.95 ea	
org chicken leg & thigh	3.99 lb	
org chicken wings	3.39 lb	
org ground beef	7.95 lb	
org pork sausage	8.19 lb	
org bacon	9.39 lb	
org bratwurst	8.95 lb	
org pork chops	8.95 lb	
Extra Virgin Olive Oil	6.95 pt	
Virgin Coconut Oil	8.50 pt	
Local Sunflower Oil	10.59 pt	
Tahini	8.95 lb	
Sprouted Tofu	2.79 lb	
Virgil's sodas	1.95 ea	
Deane's Kombucha	3.89 ea	
Coconut water	2.29 ea	
Wisco soda	2.29 ea	
Wisco sparkling water	1.29 ea	
Switchel	3.59 ea	