

**Life Force Buying Club
 Graduated
 Price List
 5/20/21**

Item	Store Price	Delivery Price	Biz Price
Fuji Apple	1.99 lb	2.39 lb	1.69 lb
Pink Lady Apple	1.89 lb	2.29 lb	1.59 lb
Apricots	4.79 lb	4.99 lb	4.59 lb
Avocados	1.59 ea	1.79 ea	1.29 ea
Bananas	1.09 lb	1.29 lb	.99 lb
Blueberries	5.99 pt	5.99 pt	5.59 pt
Strawberries	4.99 lb	5.29 lb	4.69 lb
Medjool Dates	5.69 lb	5.99 lb	4.69 lb
Ruby Star Grapefruit	1.79 lb	1.99 lb	1.49 lb
Kiwi	3.59 lb	3.99 lb	3.29 lb
Cantaloupe	3.99 ea		
Lemons	1.99 lb	2.39 lb	1.69 lb
Meyer Lemons	2.59 lb	3.09 lb	1.99 lb
Limes	3.99 lb		
TDE Mandarins	1.99 lb	2.39 lb	1.79 lb
Haitian Mango	3.09 ea	3.39 ea	1.99 ea
Tommy Atkins Mango	2.09 ea	2.59 ea	1.89 ea
Heirloom Navel	2.29 lb	2.59 lb	1.99 lb
Buck Blood Oranges	3.19 lb	3.59 lb	2.59 lb
Cara Cara Orange	2.29 lb	2.49 lb	1.99 lb
Valencia Orange	1.29 lb	1.49 lb	1.19 lb
Red D'Anjou Pear	1.79 lb	2.09 lb	1.49 lb
Pineapple	1.49 lb	1.89 lb	1.39 lb
Dry Cranberries	4.29 lb	4.89 lb	3.59 lb
Bio/dyn Raisins	3.99 lb	4.89 lb	3.39 lb
Bio/dyn Tangelos	2.29 lb	2.69 lb	1.89 lb
Pixie Tangerines	2.79 lb	3.29 lb	2.29 lb

Baby Watermelon	1.69 lb	1.69 lb	1.39 lb
Arugula	6.69 lb	7.79 lb	5.79 lb
Asparagus	6.49 lb	6.99 lb	5.99 lb
Green Beans	2.69 lb	3.09 lb	2.29 lb
Local Red Beets	2.09 lb	2.49 lb	1.89 lb
Broccoli	2.39 lb	2.79 lb	1.99 lb
Brussels Sprouts	2.59 lb	2.99 lb	2.19 lb
Red/Green Cabbage	1.49 lb	1.69 lb	1.39 lb
Table Carrots	1.59 lb	1.99 lb	1.39 lb
Cauliflower	1.99 lb	2.29 lb	1.69 lb
Celery	1.19 lb	1.39 lb	1.09 lb
Cucumber	1.29 lb	1.69 lb	.99 lb
Garlic	8.99 lb	10.00 lb	7.39 lb
Peeled Garlic	9.29 lb	10.89 lb	7.59 lb
Ginger	8.99 lb	10.00 lb	7.39 lb
Crimini Mushroom	4.59 lb	4.99 lb	3.69 lb
Red Onion	1.79 lb	1.99 lb	1.59 lb
Yellow Onion	1.29 lb	1.49 lb	1.09 lb
Parsnips	2.79 lb	2.79 lb	2.39 lb
Snap Peas	6.29 lb	6.29 lb	5.99 lb
Red Peppers	2.19 lb	2.59 lb	1.79 lb
Green Peppers	2.09 lb	2.49 lb	1.89 lb
Jalapeno Peppers	3.99 lb	4.59 lb	3.59 lb
Local Red Potatoes	.69 lb	.79 lb	.59 lb
Loc Russet Potatoes	.99 lb	1.39 lb	.89 lb
Loc Yellow Potatoes	1.19 lb	1.39 lb	1.09 lb
Sweet Potatoes	2.19 lb	2.49 lb	1.99 lb
Romaine Hearts	3.19 ea	3.59 ea	2.99 ea
Baby Kale	7.59 lb	7.99 lb	6.99 lb
Baby Spinach	6.69 lb	7.99 lb	5.69 lb
Spring Mix	7.39 lb	8.99 lb	6.09 lb
Butternut Squash	1.29 lb	1.49 lb	1.09 lb
Carnival Squash	1.29 lb	1.49 lb	1.09 lb
Spaghetti Squash	1.29 lb	1.49 lb	1.09 lb

Zucchini Squash	2.79 lb	3.09 lb	2.49 lb
Heirloom Cherries	2.99 ea	3.59 lb	2.49 lb
Slicing Tomatoes	2.39 lb	2.89 lb	1.99 lb
Vine-on Tomatoes	1.99 lb	2.39 lb	1.69 lb
Turmeric	17.59 lb	21.00 lb	14.39 lb
Large Eggs	4.39 doz	5.19 doz	3.59 doz
Butter	8.69 lb	8.99 lb	8.69 lb
16 oz Cream	4.79 ea	4.99 ea	4.79 ea
32 oz Cream	8.99 ea	8.99 ea	8.99 ea
Wh Milk gallon	8.59 ea	8.99 ea	8.19 ea
Wh Milk 1/2 g	4.99 ea	5.79 ea	4.99 ea
Wh Milk qt	2.89 ea	3.29 ea	2.89 ea
Sour Cream 12 oz	2.59 ea	3.09 ea	2.19 ea
5% Plain Yogurt	4.49 ea	5.29 ea	3.69 ea
8 oz Sharp Cheddar	5.19 ea	6.19 ea	4.29 ea
Sharp Cheddar bulk	7.44 lb	8.79 lb	6.09 lb
Mild Cheddar 8 oz	4.99 ea	5.79 ea	4.09 ea
Cojack 8 oz	4.99 ea	5.79 ea	4.09 ea
Cojack bulk	4.79 lb	5.69 lb	3.89 lb
Sharp Raw Goat	6.79 ea	7.99 ea	5.59 ea
Grumpy Goat	6.79 ea	7.99 ea	5.59 ea
Mozz Goat	6.09 ea	7.19 ea	4.99 ea
Whole Milk Mozz	5.99 lb	7.09 lb	4.89 lb
Parmesan	5.99 lb	7.09 lb	4.89 lb
Fresh Tofu	2.79 lb	3.29 lb	2.29 lb
Eze Sp 7 Gr Bread	6.29 ea	6.99 ea	5.19 ea
Sprouted 7 Gr Bread	3.79 ea	4.49 ea	3.19 ea
Sprouted Burg Buns	4.29 ea	5.09 ea	3.49 ea
Extra Virgin Olive Oil	6.95 pt	8.19 pt	5.69 pt
Virgin Coconut Oil	8.50 pt	10.09 pt	6.99 pt
Sunflower Oil	4.00 pt	4.79 pt	3.29 pt
Maple Syrup 16 oz.	11.95 ea	14.09 pt	9.79 ea
Maple Syrup 8 oz.	6.50 ea	7.69 ea	5.29 ea
Raw Cashew Pieces	7.59 lb	8.99 lb	6.19 lb
Raw Pecans	10.79 lb	12.79 lb	8.99 lb

Raw Sunflower Seed	5.69 lb	6.79 lb	4.59 lb
Raw Walnuts	7.39 lb	8.79 lb	6.09 lb
Fresh P-nut Butter	5.99 lb	7.09 lb	4.89 lb
Tahini	8.39 lb	9.89 lb	6.79 lb
Heritage White Flour	2.39 lb	2.89 lb	1.99 lb
Heritage WW Flour	2.39 lb	2.89 lb	1.99 lb
Raw Honey	9.99 pt	11.79 pt	8.19 pt
Organic Sugar	1.59 lb	1.99 lb	1.29 lb
Chocolate Chip 10 oz	4.49 ea	5.29 ea	3.69 ea
Raw Vinegar gallon	18.95 ea	22.39 ea	15.49 ea
St ground Mustard.	2.99 ea	3.59 ea	2.49 ea
Dijon Mustard	2.99 ea	3.59 ea	2.49 ea
Sw & Spicely Mustard	2.99 ea	3.59 ea	2.49 ea
Bbq Sauce	5.59 ea	6.59 ea	5.09 ea
Sw & Tangy Sauce	4.69 ea	5.79 ea	3.99 ea
Thai P-nut Sauce	4.69 ea	5.79 ea	3.99 ea
Tamari 8oz	5.09 ea	5.89 ea	4.19 ea
Tamari 16 oz	9.25 ea	10.59 ea	7.39 ea
Tomato Juice 32 oz	4.39 ea	5.19 ea	3.59 ea
Spicy Veg Juice 32 o	4.95 ea	5.79 ea	4.09 ea
LS Chicken Broth 32	3.59 ea	4.29 ea	2.99 ea
Coconut Milk 13 oz	4.49 ea	5.29 ea	3.69 ea
Organic Kombucha	3.89 ea	4.59 ea	3.19 ea
Switchel	3.89 ea	4.59 ea	3.19 ea
Virgil's Root Beer	1.99 ea	2.39 ea	1.59 ea
Local Organic Soda	2.39 ea	2.89 ea	1.99 ea
Loc Org Spark Water	1.39 ea	1.69 ea	1.19 ea
Coconut Water 9.5 oz	2.29 ea	2.69 ea	1.89 ea
Coconut Wat 23.6 oz	4.49 ea	5.29 ea	3.69 ea
Potato Chip 5oz	4.49 ea	4.99 ea	4.09 ea
Blue Corn Chip 1#	5.09 lb	5.99 ea	4.19 lb
Yellow Corn Chip 1#	6.29 lb	7.49 lb	5.19 lb
White Popcorn	2.09 lb	2.49 lb	1.79 lb
Oatmeal	1.69 lb	1.99 lb	1.39 lb
Br Rice Sh Grain	2.99 lb	3.59 lb	2.49 lb
Br Rice Long Grain	2.99 lb	3.59 lb	2.49 lb

Wild Rice premium.	18.09 lb	21.39 lb	14.79 lb
Penne Pasta	2.49 lb	2.99 lb	2.09 lb
Black Beans	2.39 lb	2.89 lb	1.99 lb
Garbanzo Beans	2.79 lb	3.29 lb	2.29 lb
Great Northern Beans	2.79 lb	3.29 lb	2.29 lb
Split Red Lentils	2.39 lb	2.89 lb	1.99 lb
Whole Red Lentils	2.99 lb	3.59 lb	2.49 lb
Red Beans	2.39 lb	2.89 lb	2.09 lb
Red Kidney Beans	2.99 lb	3.59 lb	2.49 lb
Tomato Diced 102 oz	12.09 ea	14.29 ea	9.89 ea
Tomato Sauce 106 oz	10.39 ea	12.29 ea	8.49 ea
Tomato whole 28 oz	4.39 ea	5.19 ea	3.59 ea
Tomato Paste 6 oz	1.79 ea	2.19 ea	1.49 ea
Cookies	6/5.50	6/6.59	
Org Wh Bean Coffee	12.00 lb	14.19 lb	9.79 lb
Bulk salt, herbs and spices at the lowest prices			

BEAR CREEK ACRES MEAT

Arm Roast	9.00 lb	10.60 lb	9.00 lb
Bratwurst	9.00 lb	10.60 lb	9.00 lb
Ground Beef	9.00 lb	10.60 lb	9.00 lb
Pork Chops	9.00 lb	10.60 lb	9.00 lb
Pork Roast	9.00 lb	10.60 lb	9.00 lb
Pork Sausage	9.00 lb	10.60 lb	9.00 lb
Chuck Roast	10.00 lb	11.79 lb	10.00 lb
Ham	10.00 lb	11.79 lb	9.00 lb
8 Beef Hot Dogs	12.00	14.19	12.00
New York Strip Steak	14.00 lb	16.49 lb	14.00 lb
Rib Eye Steak	16.00 lb	18.89 lb	16.00 lb

LARRY SCHULTZ ORGANIC POULTRY

Whole Chicken	3.69 lb	4.09 lb	3.00 lb
Sk/less Boneless Breast	9.19 lb	9.99 lb	7.49 lb
Leg & Thigh Chicken	4.19 lb	4.69 lb	3.49 lb

5# Boned Chicken Drum	5.29 lb	5.89 lb	4.39 lb
5# Split Chicken Wing	3.59 lb	4.19 lb	2.89 lb
Ch Breakfast Link 8 oz	5.00 ea	6.00 ea	4.09 ea
Smoked Sausage 12 oz	9.00 ea.	10.00 ea	7.39 ea
Whole Turkey	3.49 lb	3.89 lb	2.89 lb

MCGREAL GRASS-FED BEEF

Short Ribs	5.00 lb	6.00 lb	5.00 lb
Ground Beef	9.00 lb.	10.60 lb	9.00 lb
Chuck Roast	10.00 lb	11.00 lb	10.00 lb
Rump Roast	10.00 lb	11.00 lb	10.00 lb
Sirloin Tip Roast	11.00 lb	12.00 lb	11.00 lb
Sirloin Steak	14.00 lb	15.00 lb	14.00 lb
Rib Steak	18.00 lb	19.00 lb	18.00 lb
T-Bone Steak	18.00 lb	19.00 lb	18.00 lb
Tenderloin	28.00 lb	30.00 lb	28.00 lb