

Life Force Buying Club
Graduated
Price List
6/17/21

Item	Store Price	Delivery Price	Biz Price
Fuji Apple	1.99 lb	2.39 lb	1.69 lb
Pink Lady Apple	1.89 lb	2.29 lb	1.59 lb
Avocados	1.59 ea	1.79 ea	1.29 ea
Bananas	1.09 lb	1.29 lb	.99 lb
Blueberries	5.09 pt	5.59 pt	4.59 pt
Strawberries	4.79 lb	4.99 lb	4.29 lb
Medjool Dates	5.69 lb	5.99 lb	4.69 lb
Red Seedless Grape	3.49 lb	3.89 lb	3.19 lb
Ruby Star Grapefruit	1.79 lb	1.99 lb	1.49 lb
Kiwi	3.59 lb	3.99 lb	3.29 lb
Cantaloupe	1.19 lb	1.49 lb	.99 lb
Lemons	2.09 lb	2.59 lb	1.89 lb
Limes	3.99 lb		
Altaulfo Mangos	1.09 ea	1.39 ea	.99 ea
Heirloom Navel	2.29 lb	2.59 lb	1.99 lb
Cara Cara Orange	2.29 lb	2.69 lb	1.99 lb
Valencia Orange	1.89 lb	1.49 lb	1.49 lb
Large Peaches	1.39 ea	1.59 ea	1.19 ea
Pears	1.79 lb	1.99 lb	1.59 lb
Pineapple	1.49 lb	1.89 lb	1.39 lb
Dry Cranberries	4.29 lb	4.89 lb	3.59 lb
Bio/dyn Raisins	3.99 lb	4.89 lb	3.39 lb
Pixie Tangerines	2.79 lb	3.29 lb	2.29 lb
Baby Watermelon	.99 lb	1.39 lb	.89 lb
Arugula Baby	6.69 lb	6.99 lb	5.99 lb
Asparagus	6.09 lb	6.09 lb	6.09 lb

Green Beans	3.49 lb	3.49 lb	3.19 lb
Local Red Beets	2.09 lb	2.49 lb	1.89 lb
Broccoli Crowns	2.49 lb	2.89 lb	2.09 lb
Brussels Sprouts	2.59 lb	2.99 lb	2.19 lb
Red/Green Cabbage	1.49 lb	1.69 lb	1.39 lb
Table Carrots	1.59 lb	1.99 lb	1.39 lb
Cauliflower	2.09 lb	2.39 lb	1.79 lb
Celery	1.29 lb	1.49 lb	.99 lb
Cucumber	1.29 lb	1.69 lb	.99 lb
Garlic	8.99 lb	10. 00 lb	7.39 lb
Peeled Garlic	9.29 lb	10.89 lb	7.59 lb
Ginger	8.99 lb	10.00 lb	7.39 lb
Crimini Mushroom	4.59 lb	4.99 lb	3.69 lb
Green Onions	1.50 ea	1.89 ea	1.19 ea
Red Onion	1.79 lb	1.99 lb	1.59 lb
Vidalia Onions	1.59 lb	1.99 lb	1.39 lb
Yellow Onion	1.29 lb	1.49 lb	1.09 lb
Parsnips	2.79 lb	2.79 lb	2.39 lb
Snap Peas	4.89 lb	4.99 lb	4.39 lb
Green Peppers	2.69 lb	3.09 lb	2.39 lb
Jalapeno Peppers	3.99 lb	4.59 lb	3.59 lb
Loc Yellow Potatoes	1.29 lb	1.59 lb	1.19 lb
Sweet Potatoes	2.19 lb	2.49 lb	1.99 lb
Romaine Hearts	3.19 ea	3.59 ea	2.99 ea
Baby Kale	7.59 lb	7.99 lb	6.99 lb
Baby Spinach	6.69 lb	7.99 lb	5.69 lb
Spring Mix	7.39 lb	8.99 lb	6.09 lb
Butternut Squash	1.29 lb	1.49 lb	1.09 lb
Carnival Squash	1.29 lb	1.49 lb	1.09 lb
Spaghetti Squash	1.29 lb	1.49 lb	1.09 lb
Zucchini Squash	1.99 lb	2.39 lb	1.79 lb
Grape Cherries	2.59 ea	2.99 ea	2.19 ea
Slicing Tomatoes	3.09 lb	3.49 lb	2.89 lb
Vine-on Tomatoes	2.29 lb	2.59 lb	1.99 lb
Turmeric	17.59 lb	21.00 lb	14.39 lb

Large Eggs	4.39 doz	5.19 doz	3.59 doz
Butter	8.69 lb	8.99 lb	8.69 lb
16 oz Cream	4.29 ea	4.99 ea	4.09 ea
32 oz Cream	7.99 ea	8.99 ea	7.09 ea
Wh Milk 1/2 g	4.99 ea	5.79 ea	4.99 ea
Wh Milk qt	2.89 ea	3.29 ea	2.89 ea
Chocolate Milk 8oz	2.39 ea	2.69 ea	2.19 ea
Cottage Cheese 16 oz	4.99 ea	5.79 ea	3.99 ea
Sour Cream 16 oz	3.89 ea	4.49 ea	3.09 ea
Fr Onion Dip 12 oz	3.99 ea	4.59 ea	3.19 ea
5% Plain Yogurt	4.49 ea	5.29 ea	3.69 ea
Greek Yogurt 16 oz	4.79 ea	4.99 ea	3.89 ea
8 oz Sharp Cheddar	5.19 ea	6.19 ea	4.29 ea
Sharp Cheddar bulk	7.44 lb	8.79 lb	6.09 lb
Mild Cheddar 8 oz	4.99 ea	5.79 ea	4.09 ea
Cojack 8 oz	4.99 ea	5.79 ea	4.09 ea
Cojack bulk	4.79 lb	5.69 lb	3.89 lb
Sharp Raw Goat	6.79 ea	7.99 ea	5.59 ea
Grumpy Goat	6.79 ea	7.99 ea	5.59 ea
Mozz Goat	6.09 ea	7.19 ea	4.99 ea
Whole Milk Mozz	5.99 lb	7.09 lb	4.89 lb
Parmesan	5.99 lb	7.09 lb	4.89 lb
Fresh Tofu	2.79 lb	3.29 lb	2.29 lb
Eze Sp 7 Gr Bread	6.29 ea	6.99 ea	5.19 ea
Sprouted 7 Gr Bread	3.79 ea	4.49 ea	3.19 ea
Sprouted Burg Buns	4.29 ea	5.09 ea	3.49 ea
Extra Virgin Olive Oil	6.95 pt	8.19 pt	5.69 pt
Virgin Coconut Oil	8.50 pt	10.09 pt	6.99 pt
Sunflower Oil	4.00 pt	4.79 pt	3.29 pt
Maple Syrup 16 oz.	11.95 ea	14.09 pt	9.79 ea
Maple Syrup 8 oz.	6.50 ea	7.69 ea	5.29 ea
Raw Cashew Pieces	7.59 lb	8.99 lb	6.19 lb
Raw Pecans	10.79 lb	12.79 lb	8.99 lb
Raw Sunflower Seed	5.69 lb	6.79 lb	4.59 lb
Raw Walnuts	7.39 lb	8.79 lb	6.09 lb
Fresh P-nut Butter	5.99 lb	7.09 lb	4.89 lb

Tahini	8.39 lb	9.89 lb	6.79 lb
Heritage White Flour	2.39 lb	2.89 lb	1.99 lb
Heritage WW Flour	2.39 lb	2.89 lb	1.99 lb
Raw Honey	9.99 pt	11.79 pt	8.19 pt
Organic Sugar	1.59 lb	1.99 lb	1.29 lb
Chocolate Chip 10 oz	4.49 ea	5.29 ea	3.69 ea
Raw Vinegar gallon	18.95 ea	22.39 ea	15.49 ea
St ground Mustard.	2.99 ea	3.59 ea	2.49 ea
Dijon Mustard	2.99 ea	3.59 ea	2.49 ea
Sw & Spicy Mustard	2.99 ea	3.59 ea	2.49 ea
Bbq Sauce	5.59 ea	6.59 ea	5.09 ea
Sw & Tangy Sauce	4.69 ea	5.79 ea	3.99 ea
Thai P-nut Sauce	4.69 ea	5.79 ea	3.99 ea
Tamari 8oz	5.09 ea	5.89 ea	4.19 ea
Tamari 16 oz	9.25 ea	10.59 ea	7.39 ea
Tomato Juice 32 oz	4.39 ea	5.19 ea	3.59 ea
Spicy Veg Juice 32 o	4.95 ea	5.79 ea	4.09 ea
LS Chicken Broth 32	3.59 ea	4.29 ea	2.99 ea
Coconut Milk 13 oz	4.49 ea	5.29 ea	3.69 ea
Organic Kombucha	3.89 ea	4.59 ea	3.19 ea
Virgil's Root Beer	2.29 ea	2.79 ea	1.89 ea
Local Organic Soda	2.39 ea	2.89 ea	1.99 ea
Loc Org Spark Water	1.39 ea	1.69 ea	1.19 ea
Coconut Water 9.5 oz	2.29 ea	2.69 ea	1.89 ea
Coconut Water 16 oz	2.69 ea	3.09 ea	2.39 ea
Coconut Wat 23.6 oz	4.49 ea	5.29 ea	3.69 ea
Potato Chip 5oz	4.49 ea	4.99 ea	4.09 ea
Blue Corn Chip 1#	5.09 lb	5.99 ea	4.19 lb
Yellow Corn Chip 1#	6.29 lb	7.49 lb	5.19 lb
White Popcorn	2.09 lb	2.49 lb	1.79 lb
Oatmeal	1.69 lb	1.99 lb	1.39 lb
Br Rice Sh Grain	2.99 lb	3.59 lb	2.49 lb
Br Rice Long Grain	2.99 lb	3.59 lb	2.49 lb
Wild Rice premium.	18.09 lb	21.39 lb	14.79 lb
Penne Pasta	2.49 lb	2.99 lb	2.09 lb
Black Beans	2.39 lb	2.89 lb	1.99 lb

Garbanzo Beans	2.79 lb	3.29 lb	2.29 lb
Great Northern Beans	2.79 lb	3.29 lb	2.29 lb
Split Red Lentils	2.39 lb	2.89 lb	1.99 lb
Whole Red Lentils	2.99 lb	3.59 lb	2.49 lb
Red Beans	2.39 lb	2.89 lb	2.09 lb
Red Kidney Beans	2.99 lb	3.59 lb	2.49 lb
Tomato Diced 102 oz	12.09 ea	14.29 ea	9.89 ea
Tomato Sauce 106 oz	10.39 ea	12.29 ea	8.49 ea
Tomato whole 28 oz	4.39 ea	5.19 ea	3.59 ea
Tomato Paste 6 oz	1.79 ea	2.19 ea	1.49 ea
Cookies	6/5.50	6/6.59	
Org Wh Bean Coffee	12.00 lb	14.19 lb	9.79 lb
Bulk salt, herbs and spices at the lowest prices			

BEAR CREEK ACRES MEAT

Arm Roast	9.00 lb	10.60 lb	9.00 lb
Bratwurst	9.00 lb	10.60 lb	9.00 lb
Ground Beef	9.00 lb	10.60 lb	9.00 lb
Pork Chops	9.00 lb	10.60 lb	9.00 lb
Pork Roast	9.00 lb	10.60 lb	9.00 lb
Pork Sausage	9.00 lb	10.60 lb	9.00 lb
Chuck Roast	10.00 lb	11.79 lb	10.00 lb
Ham	10.00 lb	11.79 lb	9.00 lb
8 Beef Hot Dogs	12.00	14.19	12.00
New York Strip Steak	14.00 lb	16.49 lb	14.00 lb
Rib Eye Steak	16.00 lb	18.89 lb	16.00 lb

LARRY SCHULTZ ORGANIC POULTRY

Whole Chicken	3.69 lb	4.09 lb	3.00 lb
Sk/less Boneless Breast	9.19 lb	9.99 lb	7.49 lb
Leg & Thigh Chicken	4.19 lb	4.69 lb	3.49 lb
5# Boned Chicken Drum	5.29 lb	5.89 lb	4.39 lb
5# Split Chicken Wing	3.59 lb	4.19 lb	2.89 lb
Ch Breakfast Link 8 oz	5.00 ea	6.00 ea	4.09 ea

Smoked Sausage 12 oz	9.00 ea.	10.00 ea	7.39 ea
Whole Turkey	3.49 lb	3.89 lb	2.89 lb

MCGREAL GRASS-FED BEEF

Short Ribs	5.00 lb	6.00 lb	5.00 lb
Ground Beef	9.00 lb.	10.60 lb	9.00 lb
Chuck Roast	10.00 lb	11.00 lb	10.00 lb
Rump Roast	10.00 lb	11.00 lb	10.00 lb
Sirloin Tip Roast	11.00 lb	12.00 lb	11.00 lb
Sirloin Steak	14.00 lb	15.00 lb	14.00 lb
Rib Steak	18.00 lb	19.00 lb	18.00 lb
T-Bone Steak	18.00 lb	19.00 lb	18.00 lb
Tenderloin	28.00 lb	30.00 lb	28.00 lb